

## Information about Poster Presentations

The IAYMH Conference runs across two days, with parallel sessions throughout. On each day, there will be specific Poster/Exhibition sessions at which presenters are expected to “stand by” their poster in order to discuss their research or project with viewers. Importantly, the presentations will be on display continuously for Conference participants to visit at various times throughout the conference. There may also be some posters selected for a brief presentation during one of the parallel sessions. Check the conference program to find out which session your poster is included in.

### Why Present a Poster?

There are several advantages to presenting a poster:

- Posters can be viewed across the Conference, as well as at dedicated sessions
- Viewers can “absorb” the presentation in their own time and way
- You can discuss your research or project at length with viewers on a one-to-one basis—which can create useful discussion about your work
- Presenting your research or project as a Poster is a great opportunity to network
- A poster serves to explain your research or project succinctly to a broad audience who will be in attendance at the conference

### What is a Poster Presentation?

A poster is a static, visual medium that you use to communicate a key idea related to your research or project and presents that idea in both verbal and graphic ways. Unlike an oral presentation, a poster does most of your talking—it should stand on its own, be self-explanatory as well as encouraging discussion with viewers.

It’s great to have A4 copies of your poster available if possible that people can take away with them. Make sure your contact details are visible should a colleague wish to contact you to obtain further information about your project.

### Know the Physical Constraints of Your Presentation

You will be provided with a poster board whose dimensions will be a maximum of 1.5m high x 1.0m wide. You can use that space to present a poster composed in a variety of ways:

- Your poster can consist of a single A0- or A1-sized component or “frame”
- Your poster can consist of two A1-sized frames
- Your poster can consist of a composition of A3- (maybe even A4-) sized frames. A0, A1, A2, A3 and A4 are standard metric paper sizes

A0 - 841mm x 1189mm

A1 - 594mm x 841mm

A2 - 420mm x 594mm

A3 - 297mm x 420mm

A4 - 210mm x 297mm

Please ensure that posters are portrait in orientation to reflect the dimensions of the board. Each of these options can be effective in composing an informative and visually appealing presentation.